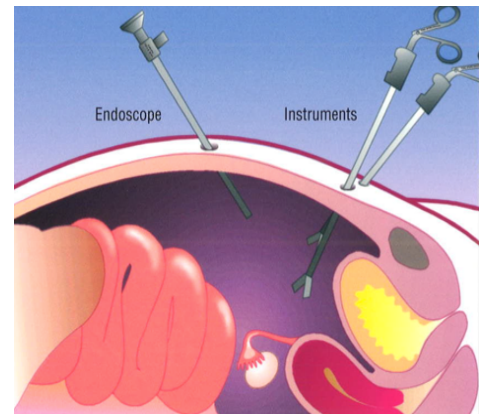


# Laparoscopy Key Hole Surgery

Performing advanced gynaecological surgery through small cuts using high definition real time video for sharper imaging and state of the art instruments for precise tissue handling and cutting.

The small cuts gives less pain, faster recovery and almost invisible scarring with certain surgeries done as a day procedure, not requiring hospital admission.



## WHAT IS LAPAROSCOPY KEY HOLE SURGERY AND HOW IS IT DONE

Laparoscopy Key Hole Surgery, is a form of major surgery that is done with **three to four small cuts** in the abdomen. In Laparoscopy, a 1cm cut is made at the umbilicus and two to three 0.5cm cuts are placed in the lower abdomen. Using slender camera and operating instruments inserted through these cuts, major surgery is done within the abdomen.

## WHAT SURGERIES CAN BE DONE

Most if not all early gynaecological surgeries can be done with Laparoscopy Key Hole Surgery ranging from surgical investigation procedure like fertility workup to major surgical treatment, at the same setting. Laparoscopy can be done for:-

- ❖ investigation for infertility and pelvic pain
- ❖ assessment of pelvic tumors
- ❖ removal of ovarian cyst (cystectomy)
- ❖ removal of ovaries (oophorectomy)
- ❖ removal of fibroid (myomectomy)
- ❖ removal of womb (hysterectomy)
- ❖ treatment of ectopic pregnancy
- ❖ reconstruction of womb prolapse
- ❖ restoration of pelvic anatomy
- ❖ tubal function reconstruction for fertility
- ❖ endometriosis surgery

Where surgery is advised, up to 85% of ovarian cyst, 55% of fibroids and 40% of abnormal womb requiring removal, can be done by Laparoscopy. For conditions that are not too severe or large, Single Incision Laparoscopy can be the alternative for a better recovery and outcome.

## WHAT ARE THE BENEFITS

The main benefits are

- ❖ Less pain from the smaller cuts (1-2cm) as compared to traditional surgery of 10cm incision
- ❖ Less infection and surgical wound breakdown
- ❖ Less adhesion formation (post surgery internal scar) and a better fertility potential
- ❖ Faster recovery and shorter hospital stay
- ❖ Less scarring and excellent aesthetic result especially for Single Incision Laparoscopy / Scarless Laparoscopy

## HOW WILL I FEEL AFTER LAPAROSCOPIC SURGERY

When you wake up from surgery, you may feel some sore throat, drowsiness and nausea from the anesthesia. Occasionally, your tummy may feel bloated from the surgery. Infrequently there may be backache or shoulder tip pain. These symptoms will resolve over time and generally disappear after 48 hours.



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